

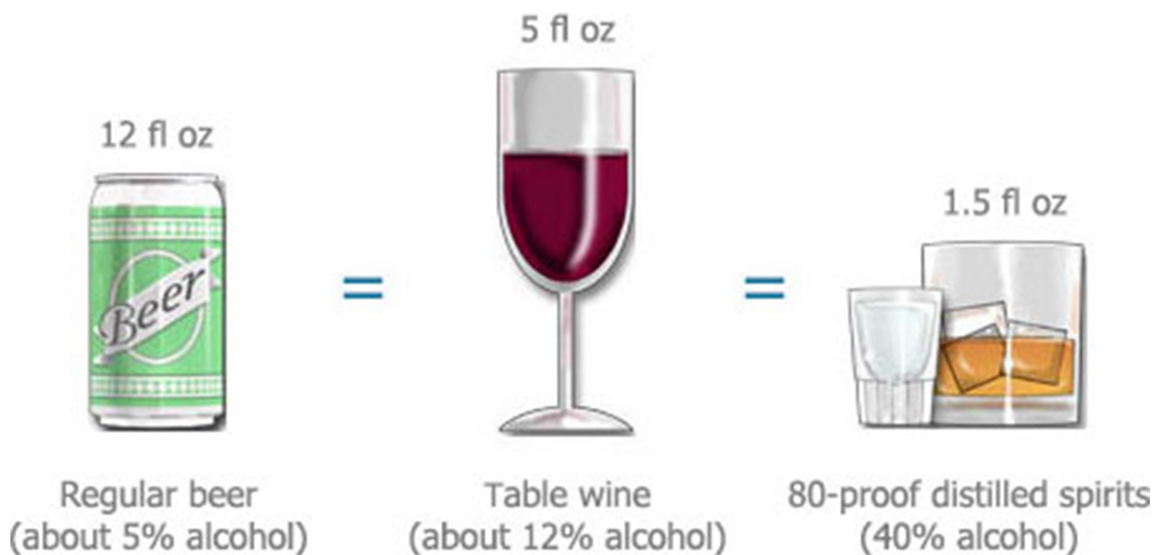
The Role of Alcohol and Drugs

California state law prohibits drinking under the age of 21 and New York Film Academy prohibits alcohol or drugs at any campus facility or activity.

Alcohol is the most commonly used substance to perpetrate sexual assault.

- o Know how to drink safely to enjoy a safe night out.
- o Drink moderately and know your limit - about one drink per hour can be absorbed by the body regardless of size/weight.
- o Always have a sober driver.

One drink = 12 oz. beer = 5 oz. wine = 1.5 oz. liquor = all contain same amount of alcohol.



Drugs are commonly placed into drinks to perpetrate sexual assault.

- o Do not accept drinks from friends or strangers if you think it may have been tampered with.
- o Do not leave drinks unattended as they may be tampered with while you are not looking.
- o If you feel your drink has been tampered with or see someone tampering with a drink:
 - Be an active bystander - do not let anyone consume the tampered drink.
 - At a bar - notify the bartender and call the police.
 - At a party - notify the host and/or call the police.
- o If you feel you have ingested a tampered drink, immediately seek help from someone you can trust such as security, bartender, friend, or police.
- o Symptoms of sexual assault drugs - feeling intoxicated though not having consumed much alcohol, nausea, loss of bodily functions, difficulty breathing, dizziness, disorientation, blurred vision and rapid increase or decrease in body temperature. Waking up with loss of memory.